

## Medical letter for the Student's Allergist

The Chef at Yeshivat Lev HaTorah provides the students with three meals per day during their year-long stay in Yeshiva. We endeavor to accommodate students who have food allergies, within the limits of running an institutional kitchen. We have more than 100 people eating each meal in Yeshiva, and we are not able to make personal meals for each student.

The kitchen uses ingredients and sauces that may contain or have traces of sesame seeds, nuts, soy, soy protein and peanut butter. The Yeshiva also orders bread products from outside bakeries. These products inevitably contain sesame seeds. When we go on tours, the Yeshiva sometimes orders meals from private caterers, and it is not possible to rely on them to serve foods that do not contain these items.

However, once we know which students are allergic to which foods, the Chef will know to notify him that a certain food item may not be eaten, and will provide an alternative for him, if at all possible.

To avoid a situation in which the Chef is told different things by the student, parent and his allergist, we have decided that we will only provide alternative foods for a student for whom we have a written declaration from an allergist.

Please be so kind as to list the specific food allergies for this student.

### DECLARATION

Dr \_\_\_\_\_ License: \_\_\_\_\_

My patient \_\_\_\_\_

Has the following Allergies

\_\_\_\_\_

Please write yes or no if he may eat a product which:

- a. may contain allergen
- b. is manufactured in a facility that also processes allergen
- c. is manufactured on equipment that also processes allergen
- d. may contain traces of allergen

He can eat From the Yeshiva kitchen/ catering under above-mentioned terms and conditions.

In the event that there is an allergic reaction, the following action(s) needs to be taken:

Doctor's Signature \_\_\_\_\_

Date \_\_\_\_\_